

Sl.No.	Name of the Medicine	Indications
LEGIYAMS (JAM LIKE CONSISTENCY PRODUCT)		
1.	Ashwagandhi Legiyam	General debility, Tremor, Low Blood Haemoglobin Nervine Tonic, Rejuvenator.
2.	Inji Legiyam	Indigestion, Belching, Loss of Appetite and Vomiting.
3.	Sathaavari Legiyam	Urinary tract diseases, Menstrual disorders, Excessive body heat, Burning eyes and Foot.
4.	Dhathukalpa Legiyam	General debility, Increases the milk secretion of Lactating Mothers. Increases the Quality and Quantity of the sperm. Good Aphrodisiac.
5.	Thoothuvalai Legiyam	Cough, Respiratory tract infections, Bronchial Asthma.
6.	Theatrankottai Legiyam	Piles, Fistula. Increases body weight.
7.	Nellikai Legiyam	Common cold and other Respiratory diseases. Increases Immunity, Rejuvenator , Liver Tonic. Good for all ages.
8.	Vallaarai Legiyam	Loss of memory, increases the metabolic functions of the brain and mental alertness.
9.	Venpoosani Legiyam	Coolant, regulates body temperature, Pitha disorders, Burning eyes, Burning Palms and soles, Burning Micturition.
10.	Adhirshtha Rasayanam	Piles, Pain in the heels, Skin diseases, Blood purifier.
11.	Thippili Rasayanam	Chronic bronchitis, Wheezing. Good for Children cough.
12.	Thiraatchai Rasayanam	Very best laxative for pregnant women & children, helps in better parturition. Increases Haemoglobin Count of Blood
13.	Kumari Ennai	All types of piles, Constipation, worm infestations.

Sl.No.	Name of the Medicine	Indications
MEDICATED OIL - THAILAM (EXTERNAL APPLICATION ONLY)		
14.	AswagandhaBalakshadi Thailam	General oil used for taking oil bath for all types of diseases esp. Vatha. Disorders Body Pain, Weakness. Strengthens the Muscle and Nerves. Rejuvenator. Bathing Oil.
15.	Kumari Koonthal Thailam	Coolant, Redness & Irritation of eyes. Hair Oil.
16.	Sivappu Kikkil Thailam	All types of Arthritis, Burns, Fissures in foot, Sprains. Hot Water Fomentation gives best results. Best pain killer.
17.	Neeli Bhirungadhi Thailam	Grey Hair, Dandruff, Hair Falling. Hair Oil.
18.	Poduthalai Thailam	Itching in the Scalp, Dandruff. Hair Oil.
19.	Vadha Kesari Thailam	All types of Vatha diseases, Myalgia.
TABLETS & CAPSULES		
20.	Amukkara Choorana Tablet	Cough and Sputum, General Tonic. Nervous Debility. Good for children to elder people. Increases Immunity.
21.	Kasthoori Tablet	Especially for children, Cold and Cough, Mucolytic agent - helps to reduce mucus filled Chest congestion.
22.	Eladhi Choorana Tablet	Antacid, Peptic ulcers, Allergic Skin diseases, Insect bites.
23.	Kaasukatti Tablet	Dental caries, Gingivitis. Best when used in halitosis (Bad Breath) Chewable Tablet.
24.	Seerana Sanjeevi Tablet	Indigestion, Belching, Diarrhoea. Gas formation in the Stomach.
25.	Thaaleesaadhi Vadagam Tablets	Throat infection, Cough. Chewable Tablet.
26.	Ponnaavarai Choorana Tablet	Constipation, Skin Diseases and Jaundice.
27.	Karisaalaikarpam Tablet	All types of skin disease and jaundice. Rejuvenator Medicine.

Sl.No.	Name of the Medicine	Indications
28.	Thiripalakkarpam Tablet	Heart burn-Acidity, Peptic Ulcers, Repeated ulcers in the Tongue & Lips, Diabetes. Rejuvenator Medicine.
29.	Vilvam Tablet	Reduces blood sugar level & tingling sensation of the extremities (limbs). Rejuvenator Medicine.
30.	Gnanavalli (Vallarai) Capsules	Loss of memory, enhances protein metabolism of the brain cells. Anxiety neurosis.
31.	Marutham Capsules	High Blood Pressure, High Cholesterol Level.
32.	Neerkovai Tablet	Congested and infected nasal sinuses, Headache, Running Nose. External Application.
HERBAL POWDERS - CHOORANAMS		
33.	Ashtavarga Chooranam	Indigestion, Flatulance, Abdominal pain, loss of appetite, Acidity (reflux oesophagitis)
34.	Orithazhthamarai Chooranam	Increases the viscosity of semen. Urinary tract diseases. Male Rejuvenator.
35.	Naththaichuri Chooranam	Herbal Drink. reduces excessive cholesterol Level.
36.	Thaaleesaadhi Chooranam	Cough, cold, Sneezing, Running Nose, Chest Congestion.
37.	Thulasi Chooranam	Cough, Cold for Children, better to use as decoction with honey
38.	Thoothuvalai Chooranam	Respiratory diseases especially Bronchitis.
39.	Naavalkottai Chooranam	Reduces blood sugar level and frequent urination.
40.	Nilaavarai Chooranam	Constipation, Worm infestations.
41.	Ponnaavaarai Chooranam	Constipation, Skin diseases
42.	Vallarai Chooranam	Memory booster. Increases protein synthesis of Brain.
43.	Sivanarvembu Chooranam	All Types of skin diseases, Itching. Blood Purifier.
44.	Thirikatukadhi Bavana Chooranam	Migraine (One side headache), Sinusitis, Running nose.
45.	Kuliyal Chooranam	General bath powder, Skin diseases. External Application.
46.	Thantha Chooranam	Tooth Powder, Bleeding gums. External Application.
47.	Multhanimatti Chooranam	Pimples & black Spots (External Application with Rose Water)



SKM SIDDHA & AYURVEDA

NATURE'S WEALTH. OUR VALUES

AN ISO 9001 : 2000 & GMP CERTIFIED COMPANY

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The Siddha Medical system was founded by a group of spiritual people called **18 Siddhars**, who were spiritually enlightened persons. The Word Siddhars is derived from "**Siddhi**" which means "Eternal Bliss". The Siddhars by their spiritual and Yogic Practices attained immense knowledge and experience in **Vaithiyam (Medicine)**, **Vatham (Alchemy)**, **Jothidam (Astrology)**, **Manthrigam (Thantric practices)**, **Yogam (Meditation and Yogic exercises)**, **Gnanam (Knowledge about the Almighty)**. The Concept of the Siddhars is the "Food is the Medicine, Medicine is the Food" and Sound Mind makes the Sound Body .

The Company **SKM Siddha and Ayurvedic Medicines India Private Limited** was started in a small grass root level as a Charity Trust by name SKM Health and Mind Welfare Charity Trust in the year 1989 by the blessings of **Swami Vethathiri Maharishi**, a **Spiritual Scientist** The SKM factory is endorsed with **Drugs and Cosmetics Act 1940**, for 216 products including Shastric and Proprietary Medicines., **AGMARK licence** for sale of honey, **Factories Act 1948**, **SSI Certification** under State Government and National small Industries Corporation (**NSIC**) from Govt. of India, **Air and Water Pollution Control Act** with Effluent Treatment Plant of 50,000 litres Capacity. The Factory is also endorsed with **Good Manufacturing Practices Certification (GMP)** right from the year in 2002 and it is the first factory in Tamilnadu to get the certificate in Tamilnadu. Adding a feather to the cap, it has been also certified with **ISO 9001 : 2000** for successful implementation of Quality Management Systems .

The Medicines are prepared in a clinically clean environment by adopting highest degree of Plant Hygiene, Personal Hygiene, which paves the way for Product Hygiene. All GMP guidelines such as **Standard Operating Procedures, Batch Manufacturing Records, In Process Controls, In House Standards** are stringently followed which ensures the Efficacy and Safety of the medicines. Quality raw materials make the quality process. Hence all the Raw materials are tested by the **Q.C. Laboratory** consisting of **Botanical, Microbiological and Chemistry Lab** and the tests are carried out for the intermediate and also the finished goods. The **Quality Control and Quality Assurance Lab** along with the **Production Department** will go in line with each other and the every step of the process is being assured to deliver a quality medicine.

* **The indications given are directly translated from colloquial Tamil and few will not exactly correlate with the medical terminologies.**

* **For Dosage and mode of use refer the label / leaflet of the products.**

Medicines available at :